

14th April 2019						
20K						
Female						
Place	Name	Bib No	Laps	Time	Total Time	Chip Number
1	Olivia Lennon	3225	4		1:29:28.0	323
		3225	5K	22:19.4	22:19.4	
		3225	5K	22:36.1	44:55.6	
		3225	5K	22:29.5	1:07:25.1	
		3225	5K	22:02.8	1:29:28.0	
2	Elizabeth O'Neil	3244	4		1:33:43.5	249
		3244	5K	23:27.2	23:27.2	
		3244	5K	24:07.7	47:34.9	
		3244	5K	23:02.6	1:10:37.6	
		3244	5K	23:05.9	1:33:43.5	
3	Breeanna Mandryk	3532	4		1:41:30.3	107
		3532	5K	26:41.7	26:41.7	
		3532	5K	25:24.4	52:06.1	
		3532	5K	25:26.3	1:17:32.4	
		3532	5K	23:57.9	1:41:30.3	
4	Yvonne Paetz	3276	4		1:46:33.4	422
		3276	5K	25:49.8	25:49.8	
		3276	5K	25:39.1	51:29.0	
		3276	5K	25:11.7	1:16:40.7	
		3276	5K	29:52.7	1:46:33.4	
5	Gina de la Cruz	3146	4		1:46:54.4	197
		3146	5K	25:50.0	25:50.0	
		3146	5K	25:39.0	51:29.0	
		3146	5K	25:09.6	1:16:38.7	
		3146	5K	30:15.7	1:46:54.4	
6	Victoria Laird	3438	4		1:47:29.5	819
		3438	5K	26:36.8	26:36.8	
		3438	5K	26:53.8	53:30.6	
		3438	5K	27:00.2	1:20:30.9	
		3438	5K	26:58.6	1:47:29.5	
7	Jenna Trelease	3571	4		1:53:01.2	115
		3571	5K	28:10.6	28:10.6	
		3571	5K	29:01.6	57:12.3	
		3571	5K	27:50.3	1:25:02.6	
		3571	5K	27:58.5	1:53:01.2	
8	Sandi Canuto	3344	4		1:54:23.1	482
		3344	5K	29:24.3	29:24.3	
		3344	5K	28:09.7	57:34.1	
		3344	5K	27:45.6	1:25:19.7	
		3344	5K	29:03.4	1:54:23.1	

9	Kerri Biggins	2239	4		1:54:26.7	37
		2239	5K	28:47.4	28:47.4	
		2239	5K	28:43.0	57:30.5	
		2239	5K	27:53.0	1:25:23.5	
		2239	5K	29:03.1	1:54:26.7	
10	Clare Jones	4041	4		1:55:23.2	533
		4041	5K	28:40.2	28:40.2	
		4041	5K	28:37.9	57:18.1	
		4041	5K	28:44.6	1:26:02.7	
		4041	5K	29:20.4	1:55:23.2	
11	Louise Bell	3562	4		1:56:10.5	757
		3562	5K	28:51.3	28:51.3	
		3562	5K	28:37.4	57:28.7	
		3562	5K	29:12.7	1:26:41.5	
		3562	5K	29:28.9	1:56:10.5	
12	Pam Peldan	3395	4		2:01:44.5	686
		3395	5K	30:17.6	30:17.6	
		3395	5K	31:10.6	1:01:28.3	
		3395	5K	30:13.1	1:31:41.4	
		3395	5K	30:03.0	2:01:44.5	
13	Emilie Croisier	2805	4		2:05:22.8	743
		2805	5K	31:54.3	31:54.3	
		2805	5K	32:47.9	1:04:42.2	
		2805	5K	30:52.0	1:35:34.3	
		2805	5K	29:48.5	2:05:22.8	
Male						
1	Adrian Royce	2533	4		1:14:47.0	434
		2533	5K	18:23.6	18:23.6	
		2533	5K	18:33.1	36:56.8	
		2533	5K	18:51.0	55:47.9	
		2533	5K	18:59.1	1:14:47.0	
2	Daniel James	3043	4		1:17:04.3	606
		3043	5K	19:00.7	19:00.7	
		3043	5K	18:56.0	37:56.7	
		3043	5K	19:00.2	56:56.9	
		3043	5K	20:07.3	1:17:04.3	
3	David Scroope	4000	4		1:19:37.5	560
		4000	5K	19:47.8	19:47.8	
		4000	5K	19:54.0	39:41.8	
		4000	5K	19:56.8	59:38.7	
		4000	5K	19:58.7	1:19:37.5	

4	Tim Lim	4022	4		1:21:03.9	518
		4022	5K	19:57.8	19:57.8	
		4022	5K	20:08.7	40:06.5	
		4022	5K	20:33.0	1:00:39.6	
		4022	5K	20:24.3	1:21:03.9	
5	Marc Nickels	3490	4		1:22:08.5	887
		3490	5K	19:51.4	19:51.4	
		3490	5K	19:54.4	39:45.9	
		3490	5K	20:54.4	1:00:40.3	
		3490	5K	21:28.1	1:22:08.5	
6	Benne Lindeque	4001	4		1:23:40.9	500
		4001	5K	21:39.3	21:39.3	
		4001	5K	21:17.3	42:56.7	
		4001	5K	20:35.2	1:03:31.9	
		4001	5K	20:08.9	1:23:40.9	
7	Ron Peters	3437	4		1:23:55.4	78
		3437	5K	21:44.0	21:44.0	
		3437	5K	21:21.8	43:05.8	
		3437	5K	20:09.9	1:03:15.8	
		3437	5K	20:39.6	1:23:55.4	
8	Duncan Penfold	4009	4		1:24:08.8	568
		4009	5K	21:35.5	21:35.5	
		4009	5K	21:19.5	42:55.1	
		4009	5K	20:39.6	1:03:34.7	
		4009	5K	20:34.0	1:24:08.8	
9	Steven Yang	3378	4		1:25:40.4	496
		3378	5K	22:15.7	22:15.7	
		3378	5K	21:11.6	43:27.3	
		3378	5K	21:15.4	1:04:42.8	
		3378	5K	20:57.5	1:25:40.4	
10	Aaron Green	4010	4		1:25:42.8	505
		4010	5K	21:56.6	21:56.6	
		4010	5K	21:36.3	43:32.9	
		4010	5K	21:17.8	1:04:50.8	
		4010	5K	20:52.0	1:25:42.8	
11	Damien Gannon	2969	4		1:25:59.0	340
		2969	5K	21:39.5	21:39.5	
		2969	5K	21:18.8	42:58.4	
		2969	10K	43:00.6	1:25:59.0	
12	Aidan Hobbs	2963	4		1:26:46.7	165
		2963	5K	22:17.5	22:17.5	
		2963	5K	22:35.6	44:53.2	
		2963	5K	21:32.2	1:06:25.4	
		2963	5K	20:21.2	1:26:46.7	

13	Greg Beerling	703	4		1:28:51.2	29
		703	5K	21:38.0	21:38.0	
		703	5K	21:58.6	43:36.7	
		703	5K	22:10.5	1:05:47.2	
		703	5K	23:04.0	1:28:51.2	
14	Robert Trims	4019	4		1:29:00.8	516
		4019	5K	22:19.1	22:19.1	
		4019	5K	22:36.0	44:55.2	
		4019	5K	22:30.0	1:07:25.2	
		4019	5K	21:35.5	1:29:00.8	
15	Derrick Leahy	2970	4		1:29:00.8	113
		2970	5K	22:19.2	22:19.2	
		2970	5K	22:35.9	44:55.2	
		2970	5K	22:29.7	1:07:24.9	
		2970	5K	21:35.9	1:29:00.8	
16	Kieren Perkins	3379	4		1:29:01.1	2
		3379	5K	22:20.1	22:20.1	
		3379	5K	22:33.9	44:54.1	
		3379	5K	22:30.4	1:07:24.5	
		3379	5K	21:36.5	1:29:01.1	
17	Matt Cooper	4018	4		1:29:10.6	514
		4018	5K	22:18.9	22:18.9	
		4018	5K	22:38.8	44:57.7	
		4018	5K	22:27.3	1:07:25.0	
		4018	5K	21:45.6	1:29:10.6	
18	Matt Allen	3454	4		1:29:11.3	855
		3454	5K	22:17.5	22:17.5	
		3454	5K	22:35.2	44:52.7	
		3454	5K	22:29.5	1:07:22.2	
		3454	5K	21:49.0	1:29:11.3	
19	William Towner	2002	4		1:30:27.7	776
		2002	5K	22:25.9	22:25.9	
		2002	5K	22:28.9	44:54.8	
		2002	5K	22:33.4	1:07:28.3	
		2002	5K	22:59.3	1:30:27.7	
20	Jean Luc Raud	3299	4		1:33:18.5	794
		3299	5K	22:18.3	22:18.3	
		3299	5K	22:36.0	44:54.3	
		3299	5K	22:41.9	1:07:36.3	
		3299	5K	25:42.2	1:33:18.5	
21	Jason Cox	3252	4		1:33:40.9	303
		3252	5K	23:27.1	23:27.1	
		3252	5K	24:07.5	47:34.7	
		3252	5K	23:02.7	1:10:37.4	
		3252	5K	23:03.4	1:33:40.9	

22	Alan Scanlon	4006	4		1:35:47.3	563
		4006	5K	24:08.9	24:08.9	
		4006	5K	23:47.4	47:56.4	
		4006	5K	23:54.8	1:11:51.2	
		4006	5K	23:56.0	1:35:47.3	
23	Gerry Danby	4040	4		1:36:03.5	411
		4040	5K	24:16.9	24:16.9	
		4040	5K	24:02.4	48:19.4	
		4040	5K	23:59.1	1:12:18.5	
		4040	5K	23:44.9	1:36:03.5	
24	John White Hwang	3418	4		1:38:02.1	749
		3418	5K	23:25.2	23:25.2	
		3418	5K	22:48.9	46:14.2	
		3418	5K	28:12.0	1:14:26.3	
		3418	5K	23:35.8	1:38:02.1	
25	Rick Larkin	3488	4		1:38:36.2	884
		3488	5K	24:55.3	24:55.3	
		3488	5K	24:53.0	49:48.3	
		3488	5K	24:34.1	1:14:22.4	
		3488	5K	24:13.8	1:38:36.2	
26	Rowan Johnson	3448	4		1:41:39.1	849
		3448	5K	25:36.4	25:36.4	
		3448	5K	24:57.9	50:34.3	
		3448	5K	25:25.8	1:16:00.2	
		3448	5K	25:38.9	1:41:39.1	
27	Nick Quinn	4005	4		1:42:00.8	503
		4005	5K	25:13.7	25:13.7	
		4005	5K	26:18.9	51:32.7	
		4005	5K	25:21.6	1:16:54.4	
		4005	5K	25:06.4	1:42:00.8	
28	Steven Marchant	3470	4		1:44:19.5	809
		3470	5K	26:32.9	26:32.9	
		3470	5K	26:11.1	52:44.0	
		3470	5K	25:38.9	1:18:22.9	
		3470	5K	25:56.5	1:44:19.5	
29	Jason Casas	4021	4		1:46:07.2	517
		4021	5K	26:09.4	26:09.4	
		4021	5K	26:14.7	52:24.1	
		4021	5K	26:46.1	1:19:10.3	
		4021	5K	26:56.9	1:46:07.2	
30	Mark Moller	2791	4		1:47:21.9	630
		2791	5K	26:43.9	26:43.9	
		2791	5K	26:39.4	53:23.4	
		2791	5K	26:59.3	1:20:22.7	
		2791	5K	26:59.1	1:47:21.9	

31	David Saville	4017	4		1:47:26.6	571
		4017	5K	26:29.9	26:29.9	
		4017	5K	26:57.6	53:27.5	
		4017	5K	27:00.2	1:20:27.8	
		4017	5K	26:58.8	1:47:26.6	
32	Andrew Peart	3558	4		1:47:59.9	269
		3558	5K	28:10.9	28:10.9	
		3558	5K	27:50.1	56:01.1	
		3558	5K	26:47.7	1:22:48.8	
		3558	5K	25:11.1	1:47:59.9	
33	Alberto Nilsson	3340	4		1:48:53.2	308
		3340	5K	27:19.4	27:19.4	
		3340	5K	27:07.4	54:26.8	
		3340	5K	27:06.5	1:21:33.3	
		3340	5K	27:19.8	1:48:53.2	
34	David Woolley	4037	4		1:49:30.6	531
		4037	5K	28:23.4	28:23.4	
		4037	5K	27:21.4	55:44.9	
		4037	5K	26:47.4	1:22:32.3	
		4037	5K	26:58.2	1:49:30.6	
35	Damon Bishop	4042	4		1:53:46.0	534
		4042	5K	28:40.5	28:40.5	
		4042	5K	28:37.5	57:18.0	
		4042	5K	28:35.4	1:25:53.4	
		4042	5K	27:52.5	1:53:46.0	
36	Roger Black	3486	4		1:53:46.9	865
		3486	5K	28:49.1	28:49.1	
		3486	5K	28:42.8	57:32.0	
		3486	5K	28:46.5	1:26:18.5	
		3486	5K	27:28.4	1:53:46.9	
37	Michael Peldan	3396	4		2:01:44.5	706
		3396	5K	30:18.0	30:18.0	
		3396	5K	31:09.8	1:01:27.9	
		3396	5K	30:08.0	1:31:35.9	
		3396	5K	30:08.5	2:01:44.5	
38	Rene Croisier	2803	4		2:05:22.3	666
		2803	5K	31:53.8	31:53.8	
		2803	5K	32:48.1	1:04:41.9	
		2803	5K	30:52.1	1:35:34.0	
		2803	5K	29:48.2	2:05:22.3	

Other Runners - DNF's, Incorrect laps completed etc						
	Jenny Downie	806	2		1:27:49.4	490
		806	5K	45:42.8	45:42.8	
		806	5K	42:06.5	1:27:49.4	
	Anita Jarvis	2111	2		1:31:35.5	416
		2111	5K	45:45.2	45:45.2	
		2111	5K	45:50.2	1:31:35.5	
	Darryl Kane	4007	3		1:15:48.5	504
		4007	5K	25:37.7	25:37.7	
		4007	5K	24:45.3	50:23.0	
		4007	5K	25:25.4	1:15:48.5	
	Franki Chan	3208	2		45:49.3	294
		3208	5K	21:53.0	21:53.0	
		3208	5K	23:56.3	45:49.3	
	James Zaghini	3298	2		49:23.7	826
		3298	5K	24:33.8	24:33.8	
		3298	5K	24:49.9	49:23.7	
Any queries re results, please email jcad76@hotmail.com						