



DASH AND SPLASH RESULTS 13th DECEMBER 2020

Junior 2.5km run and 100m swim

Place	Name	Time
Male		
1	Oliver de la Cruz	
Female		
1	Usha Thakur	

Adults 5km run and 100m swim

Male		
1	Micheal Cnops	21:10
2	Sebastian Pinel	21:40
3	Ian Cameron	23:01
4	Adrian Royce	23:38
5	Will Towner	23:57
Female		
1	Jade Graham	24:06
2	Hanne Schoofs	24:16
3	Usha Thakur	24:43

Field of 130