

23rd July, 2017						
15k						
FEMALE						
Place	Name	Bib No	Laps	Time	Total Time	Chip Number
1	Thwane Fouche	4017	3		1:07:57.7	514
		4017	5K	21:51.5	21:51.5	
		4017	5K	23:05.4	44:57.0	
		4017	5K	23:00.7	1:07:57.7	
2	Zoe Manning	366	3		1:11:26.0	114
		366	5K	24:50.4	24:50.4	
		366	5K	24:51.3	49:41.7	
		366	5K	21:44.2	1:11:26.0	
3	Jessica Dobson	4029	3		1:22:25.4	576
		4029	5K	27:38.0	27:38.0	
		4029	5K	27:40.8	55:18.9	
		4029	5K	27:06.5	1:22:25.4	
4	Gina de la Cruz	3146	3		1:22:59.7	197
		3146	5K	27:38.4	27:38.4	
		3146	5K	27:19.7	54:58.2	
		3146	5K	28:01.5	1:22:59.7	
5	Vy Nguyen	4031	3		1:33:52.7	577
		4031	5K	29:14.7	29:14.7	
		4031	5K	31:26.9	1:00:41.7	
		4031	5K	33:11.0	1:33:52.7	
6	Ruth Peacock	2959	3		1:36:54.0	236
		2959	5K	32:09.5	32:09.5	
		2959	5K	32:07.3	1:04:16.9	
		2959	5K	32:37.1	1:36:54.0	
7	Vicki Fennelly	2658	3		1:37:31.3	291
		2658	5K	32:23.4	32:23.4	
		2658	5K	32:49.4	1:05:12.8	
		2658	5K	32:18.5	1:37:31.3	
8	Annika Wells	4048	3		2:11:59.4	533
		4048	5K	42:51.9	42:51.9	
		4048	5K	45:41.3	1:28:33.3	
		4048	5K	43:26.1	2:11:59.4	
MALE						
1	Ben Stute	3026	3		58:30.2	749
		3026	5K	19:43.5	19:43.5	
		3026	5K	19:34.4	39:18.0	
		3026	5K	19:12.2	58:30.2	
2	Damien Jeffery	3211	3		58:42.4	60
		3211	5K	19:35.1	19:35.1	
		3211	5K	19:37.4	39:12.5	
		3211	5K	19:29.9	58:42.4	

3	Duncan Penfold	4002	3		1:00:00.8	500
		4002	5K	20:04.4	20:04.4	
		4002	5K	19:51.9	39:56.3	
		4002	5K	20:04.4	1:00:00.8	
4	Chris Schmidt	4008	3		1:01:00.3	566
		4008	5K	20:20.3	20:20.3	
		4008	5K	20:26.1	40:46.5	
		4008	5K	20:13.7	1:01:00.3	
5	Leo Altarelli	2924	3		1:02:33.7	186
		2924	5K	25:03.8	25:03.8	
		2924	5K	18:38.6	43:42.5	
		2924	5K	18:51.1	1:02:33.7	
6	Alain Raud	4035	3		1:04:32.3	526
		4035	5K	21:28.7	21:28.7	
		4035	5K	21:00.5	42:29.2	
		4035	5K	22:03.0	1:04:32.3	
7	Kaila Barinder Singh	3165	3		1:05:06.1	300
		3165	5K	21:06.0	21:06.0	
		3165	5K	21:38.8	42:44.8	
		3165	5K	22:21.2	1:05:06.1	
8	Craig Enders	4039	3		1:06:23.1	528
		4039	5K	21:51.4	21:51.4	
		4039	5K	21:58.7	43:50.1	
		4039	5K	22:32.9	1:06:23.1	
9	Rob McConnel	4019	3		1:12:48.0	571
		4019	5K	24:29.7	24:29.7	
		4019	5K	24:32.8	49:02.6	
		4019	5K	23:45.4	1:12:48.0	
10	James McCarthy	396	3		1:14:30.6	219
		396	5K	24:23.2	24:23.2	
		396	5K	24:28.1	48:51.3	
		396	5K	25:39.2	1:14:30.6	
11	John Masters	4013	3		1:18:13.9	509
		4013	5K	21:51.5	21:51.5	
		4013	5K	23:23.8	45:15.3	
		4013	5K	32:58.6	1:18:13.9	
12	Mark Phillips	330	3		1:18:17.6	267
		330	5K	26:41.9	26:41.9	
		330	5K	26:16.3	52:58.2	
		330	5K	25:19.4	1:18:17.6	
13	Steve Beck	2957	3		1:20:09.3	184
		2957	5K	26:08.4	26:08.4	
		2957	5K	26:51.8	53:00.2	
		2957	5K	27:09.1	1:20:09.3	

14	James Winters	561	3		1:20:37.5	394
		561	5K	26:36.8	26:36.8	
		561	5K	26:37.4	53:14.3	
		561	5K	27:23.1	1:20:37.5	
15	David Bond	2899	3		1:28:02.8	668
		2899	5K	28:27.6	28:27.6	
		2899	5K	29:21.1	57:48.7	
		2899	5K	30:14.0	1:28:02.8	
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