

| 5th November, 2017 | | | | | | |
|---------------------------|-----------------|---------------|-------------|-------------|-------------------|--------------------|
| 5K | | | | | | |
| FEMALE | | | | | | |
| Place | Name | Bib No | Laps | Time | Total Time | Chip Number |
| 1 | Selina Ward | 3085 | 1 | | 21:12.9 | 702 |
| | | 3085 | 5K | 21:12.9 | 21:12.9 | |
| 2 | Cynthia Cliff | 2937 | 1 | | 24:06.9 | 282 |
| | | 2937 | 5K | 24:06.9 | 24:06.9 | |
| 3 | Kim Alexander | 3137 | 1 | | 25:26.0 | 122 |
| | | 3137 | 5K | 25:26.0 | 25:26.0 | |
| 4 | Deborah Davis | 2284 | 1 | | 27:31.6 | 97 |
| | | 2284 | 5K | 27:31.6 | 27:31.6 | |
| 5 | Kay Going | 2518 | 1 | | 28:44.8 | 430 |
| | | 2518 | 5K | 28:44.8 | 28:44.8 | |
| 6 | Irene Davey | 430 | 1 | | 29:14.0 | 94 |
| | | 430 | 5K | 29:14.0 | 29:14.0 | |
| 7 | Betty Menzies | 670 | 1 | | 31:59.2 | 230 |
| | | 670 | 5K | 31:59.2 | 31:59.2 | |
| 8 | Belinda Todd | 3195 | 1 | | 32:22.2 | 279 |
| | | 3195 | 5K | 32:22.2 | 32:22.2 | |
| 9 | Carolina Ferraz | 3202 | 1 | | 40:56.8 | 618 |
| | | 3202 | 5K | 40:56.8 | 40:56.8 | |
| 10 | Heather Lyons | 3189 | 1 | | 48:20.2 | 276 |
| | | 3189 | 5K | 48:20.2 | 48:20.2 | |
| MALE | | | | | | |
| 1 | Leo Altarelli | 2924 | 1 | | 18:34.3 | 186 |
| | | 2924 | 5K | 18:34.3 | 18:34.3 | |
| 2 | Nick Horn | 4014 | 1 | | 20:10.6 | 569 |
| | | 4014 | 5K | 20:10.6 | 20:10.6 | |
| 3 | Nicholas Turner | 3185 | 1 | | 21:05.2 | 471 |
| | | 3185 | 5K | 21:05.2 | 21:05.2 | |
| 4 | Andreas Mindt | 4015 | 1 | | 22:55.1 | 570 |
| | | 4015 | 5K | 22:55.1 | 22:55.1 | |
| 5 | Bruce Smerdon | 671 | 1 | | 24:53.1 | 320 |
| | | 671 | 5K | 24:53.1 | 24:53.1 | |
| 6 | Colin Woods | 1600 | 1 | | 26:29.9 | 403 |
| | | 1600 | 5K | 26:29.9 | 26:29.9 | |
| 7 | John Sheer | 2730 | 1 | | 27:11.7 | 359 |
| | | 2730 | 5K | 27:11.7 | 27:11.7 | |

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|--|------------------|------|----|---------|---------|-----|
| 8 | Alaster Wallace | 4013 | 1 | | 27:28.0 | 510 |
| | | 4013 | 5K | 27:28.0 | 27:28.0 | |
| | | | | | | |
| 9 | Robert Lofthouse | 182 | 1 | | 28:45.7 | 198 |
| | | 182 | 5K | 28:45.7 | 28:45.7 | |
| | | | | | | |
| 10 | Robert Ross | 4009 | 1 | | 28:45.7 | 508 |
| | | 4009 | 5K | 28:45.7 | 28:45.7 | |
| | | | | | | |
| 11 | Michael Lyttle | 3012 | 1 | | 30:22.5 | 395 |
| | | 3012 | 5K | 30:22.5 | 30:22.5 | |
| | | | | | | |
| 12 | Russell Wilson | 610 | 1 | | 33:13.8 | 390 |
| | | 610 | 5K | 33:13.8 | 33:13.8 | |
| Any enquiries please email jcad76@hotmail.com | | | | | | |