

5 Mile Male Record Holders			
Age Cat	Date	Name	Time
A (0-19)	12/02/2017	Jayden Lyttle	29:24
C (20-24)	11/02/2018	Daniel James	27:51
E (25-29)	11/02/2018	Aaron Breed	30:07
G (30-34)	2/03/2014	Clay Dawson	27:15
I (35-39)	11/02/2018	Clay Dawson	26:52
K (40-44)	11/02/2018	Christopher Dalby	29:21
M (45-49)	2/03/2014	Shane George	28:50
O (50-54)	11/02/2018	Shane George	29:55
Q (55-59)	12/02/2017	David Sweeney	27:53
S (60-64)	28/02/2016	John Shaw	29:34
U (65-69)	2/03/2014	Richard Lodge	39:27
W (70-74)	1/03/2015	Harold Haldane	36:06
Y (75-79)	2/03/2014	Jack Marsh	40:18
YX (80-84)	11/02/2018	Colin Woods	45:32
YY (85-89)			
YZ (90+)			

5 Mile Female Record Holders			
Age Cat	Date	Name	Time
B (0-19)	28/02/2016	Brittany Zendler	29:16
D (20-24)	28/02/2016	Laura Daly	34:42
F (25-29)	28/02/2016	Clare Geraghty	28:57
H (30-34)	11/02/2018	Clare Geraghty	33:22
J (35-39)	11/02/2018	Crystal Mahony	36:02
L (40-44)	11/02/2018	Kerri Hodge	29:50
N (45-49)	12/02/2017	Noo Bowker	32:40
P (50-54)	1/03/2015	Marion Hermitage	34:29
R (55-59)	11/02/2018	Louisa Abram	31:57
T (60-64)	28/02/2016	Cynthia Cliff	41:38
V (65-69)	1/03/2015	Irene Davey	46:33
X (70-74)	28/02/2016	Betty Menzies	46:10
Z (75-79)			
ZX (80-84)			
ZY (85-89)			
ZZ (90+)			

10 Mile Male Record Holders			
Age Cat	Date	Name	Time
A (0-19)	25/08/2013	Liam Woollett	54:26
C (20-24)	10/09/2017	Daniel James	57:31
E (25-29)	4/09/2016	Aidan Hobbs	56:37
G (30-34)	25/08/2013	Clay Dawson	53:49
I (35-39)	10/09/2017	Clay Dawson	54:42
K (40-44)	9/08/2009	Shane George	56:38
M (45-49)	9/09/2018	Adrian Royce	58:26
O (50-54)	12/02/2006	Ron Peters	58:26
Q (55-59)	10/09/2017	David Sweeney	58:41
S (60-64)	10/09/2017	Ian Cameron	1:01:43
U (65-69)	9/08/2009	Ron Vines	1:12:52
W (70-74)	26/08/2012	Harold Haldane	1:14:17
Y (75-79)	10/09/2017	Harold Haldane	1:21:46
YX (80-84)	9/09/2018	Colin Woods	1:40:00
YY (85-89)			
YZ (90+)			

10 Mile Female Record Holders			
Age Cat	Date	Name	Time
B (0-19)	10/09/2017	Brittany Zendler	1:00:35
D (20-24)	18/02/2007	Clare Geraghty	1:02:44
F (25-29)	28/08/2011	Clare Geraghty	1:01:37
H (30-34)	4/09/2016	Crystal Mahony	1:12:11
J (35-39)	26/08/2012	Alexandra Winter	1:06:13
L (40-44)	9/09/2018	Olivia Lennon	1:05:10
N (45-49)	9/08/2009	Marion Hermitage	1:07:07
P (50-54)	24/08/2014	Marion Hermitage	1:11:25
R (55-59)	9/09/2018	Louisa Abram	1:05:42
T (60-64)	8/08/2004	Betty Menzies	1:15:42
V (65-69)	25/08/2013	Irene Davey	1:34:21
X (70-74)	23/08/2015	Betty Menzies	1:34:16
Z (75-79)			
ZX (80-84)			
ZY (85-89)			
ZZ (90+)			

5K Male Record Holders			
Age Cat	Date	Name	Time
A (0-19)	27/11/2016	Jayden Lyttle	17:08
C (20-24)	22/10/2006	Aidan Hobbs	16:01
E (25-29)	27/11/2016	Aidan Hobbs	16:28
G (30-34)	27/11/2016	Clay Dawson	16:10
I (35-39)	22/10/2006	Christian Cobbold	15:27
K (40-44)	18/11/2018	Derrick Leahy	16:39
M (45-49)	27/11/2011	Shane George	16:30
O (50-54)	22/10/2006	Ron Peters	16:50
Q (55-59)	27/11/2011	Ron Peters	17:24
S (60-64)	27/11/2016	Ian Cameron	17:47
U (65-69)	28/11/2004	Michael Juckes	21:06
W (70-74)	2/12/2012	Harold Haldane	21:42
Y (75-79)	27/11/2011	Colin Woods	24:10
YX (80-84)	18/11/2018	Colin Woods	26:36
YY (85-89)			
YZ (90+)			

5K Female Record Holders			
Age Cat	Date	Name	Time
B (0-19)	27/11/2016	Brittany Zendler	17:01
D (20-24)	28/11/2010	Clare Geraghty	17:02
F (25-29)	28/11/2004	Vivien Pott	17:46
H (30-34)	17/12/2014	Julia Kets	19:59
J (35-39)	24/11/2013	Kerri Hodge	19:53
L (40-44)	19/11/2017	Kerri Hodge	18:25
N (45-49)	16/11/2008	Marion Hermitage	19:53
P (50-54)	17/12/2014	Marion Hermitage	20:49
R (55-59)	18/11/2018	Louisa Abram	19:57
T (60-64)	16/11/2008	Betty Menzies	25:07
V (65-69)	22/11/2009	Betty Menzies	23:41
X (70-74)	29/11/2015	Betty Menzies	28:18
Z (75-79)	18/11/2018	Diana Southern	1:13:39
ZX (80-84)			
ZY (85-89)			
ZZ (90+)			

10K Male Record Holders			
Age Cat	Date	Name	Time
A (0-19)	22/06/2014	Liam Woollett	33:19
C (20-24)	18/06/2017	Osman Saleh	35:21
E (25-29)	29/05/2005	Nick Schilling	33:41
G (30-34)	23/06/2013	Clay Dawson	33:00
I (35-39)	17/06/2018	Clay Dawson	32:59
K (40-44)	17/06/2018	Derrick Leahy	34:10
M (45-49)	23/06/2013	Shane George	34:56
O (50-54)	25/06/2006	Ron Peters	34:03
Q (55-59)	18/06/2017	David Sweeney	34:33
S (60-64)	21/06/2015	Ian Cameron	36:51
U (65-69)	29/05/2005	Michael Juckes	43:14
W (70-74)	25/03/2012	Harold Haldane	44:01
Y (75-79)	22/06/2014	Jack Marsh	50:13
YX (80-84)	17/06/2018	Colin Woods	56:01
YY (85-89)			
YZ (90+)			

10K Female Record Holders			
Age Cat	Date	Name	Time
B (0-19)	26/06/2016	Brittany Zendler	37:02
D (20-24)	18/06/2017	Laura Daly	42:42
F (25-29)	29/05/2005	Jodie Willett	38:57
H (30-34)	22/06/2014	Julia Kets	40:55
J (35-39)	23/06/2013	Kerri Hodge	40:24
L (40-44)	17/06/2018	Kerri Hodge	37:13
N (45-49)	18/06/2017	Noo Bowker	38:50
P (50-54)	23/06/2013	Muriel McLean	43:21
R (55-59)	17/06/2018	Louisa Abram	39:21
T (60-64)	25/06/2006	Betty Menzies	45:56
V (65-69)	29/03/2009	Betty Menzies	48:39
X (70-74)	21/06/2015	Betty Menzies	55:32
Z (75-79)			
ZX (80-84)			
ZY (85-89)			
ZZ (90+)			

15K Male Record Holders			
Age Cat	Date	Name	Time
A (0-19)	27/10/2013	Liam Woollett	49:47
C (20-24)	19/10/2008	Aidan Hobbs	56:13
E (25-29)	27/09/2015	Dan Symonds	53:21
G (30-34)	27/10/2013	Clay Dawson	51:59
I (35-39)	8/10/2017	Clay Dawson	52:03
K (40-44)	17/10/2010	Shane George	53:10
M (45-49)	7/10/2018	Adrian Royce	54:20
O (50-54)	27/10/2013	Francis Mahony	55:16
Q (55-59)	8/10/2017	David Sweeney	55:15
S (60-64)	27/09/2015	John Shaw	57:14
U (65-69)	22/08/2004	Jack Marsh	1:06:56
W (70-74)	27/09/2015	Harold Haldane	1:10:13
Y (75-79)	13/11/2011	Colin Woods	1:18:08
YX (80-84)	7/10/2018	Colin Woods	1:27:09
YY (85-89)			
YZ (90+)			

15K Female Record Holders			
Age Cat	Date	Name	Time
B (0-19)	19/10/2008	Melanie Kaasinen	58:54
D (20-24)	21/10/2012	Nerissa Campbell	1:05:10
F (25-29)	27/09/2015	Clare Geraghty	1:00:30
H (30-34)	28/09/2014	Julia Kets	1:03:59
J (35-39)	27/10/2013	Trish Russell	1:03:43
L (40-44)	7/10/2018	Kerri Hodge	58:31
N (45-49)	17/10/2010	Marion Hermitage	1:04:44
P (50-54)	28/09/2014	Marion Hermitage	1:05:51
R (55-59)	19/10/2008	Cathy Grattan	1:13:42
T (60-64)	28/09/2014	Madonna Stewart	1:25:29
V (65-69)	17/10/2010	Betty Menzies	1:15:56
X (70-74)	27/09/2015	Betty Menzies	1:25:02
Z (75-79)			
ZX (80-84)			
ZY (85-89)			
ZZ (90+)			

20K Male Record Holders			
Age Cat	Date	Name	Time
A (0-19)	22/07/2018	Ben Hinterreiter	1:23:37
C (20-24)	23/07/2017	Daniel James	1:12:44
E (25-29)	17/10/2004	Stephen Gurr	1:17:04
G (30-34)	7/06/2015	Patrick Nispel	1:12:29
I (35-39)	22/07/2018	Clay Dawson	1:09:20
K (40-44)	22/07/2018	Christopher Dalby	1:13:22
M (45-49)	22/07/2018	Adrian Royce	1:14:19
O (50-54)	8/06/2014	Francis Mahony	1:17:48
Q (55-59)	23/07/2017	David Sweeney	1:13:57
S (60-64)	7/06/2015	John Shaw	1:17:24
U (65-69)	10/04/2005	Jack Marsh	1:35:49
W (70-74)	8/06/2014	Harold Haldane	1:34:47
Y (75-79)	22/07/2018	Harold Haldane	1:42:57
YX (80-84)	22/07/2018	Colin Woods	2:10:25
YY (85-89)			
YZ (90+)			

20K Female Record Holders			
Age Cat	Date	Name	Time
B (0-19)	24/07/2016	Brittany Zendler	1:17:56
D (20-24)	24/07/2016	Laura Daly	1:38:47
F (25-29)	10/04/2005	Verity Kimber	1:25:13
H (30-34)	8/06/2014	Julia Kets	1:40:44
J (35-39)	17/10/2004	Glenda Banaghan	1:27:39
L (40-44)	22/07/2018	Kerri Hodge	1:19:15
N (45-49)	22/07/2018	Peta Dunne	1:30:18
P (50-54)	24/07/2016	Marion Hermitage	1:31:39
R (55-59)	7/06/2015	Theresa Fabian	1:36:27
T (60-64)	10/04/2005	Betty Menzies	1:38:34
V (65-69)	23/07/2017	Irene Davey	2:14:12
X (70-74)			
Z (75-79)			
ZX (80-84)			
ZY (85-89)			
ZZ (90+)			

21.1K Male Record Holders			
Age Cat	Date	Name	Time
A (0-19)	9/04/2017	Jayden Lyttle	1:22:25
C (20-24)	1/03/2009	Jonathan Peters	1:12:13
E (25-29)	12/03/2006	Tim Molesworth	1:19:34
G (30-34)	21/04/2013	Clay Dawson	1:12:34
I (35-39)	9/04/2017	Clay Dawson	1:13:56
K (40-44)	25/03/2018	Derrick Leahy	1:17:24
M (45-49)	12/03/2006	Peter Hunt	1:19:42
O (50-54)	12/03/2006	Ron Peters	1:15:31
Q (55-59)	9/04/2017	David Sweeney	1:15:22
S (60-64)	1/5/2016	John Shaw	1:22:16
U (65-69)	13/03/2005	Colin McLeod	1:26:44
W (70-74)	26/04/2015	Harold Haldane	1:43:27
Y (75-79)	25/03/2018	Harold Haldane	1:51:13
YX (80-84)	1/5/2016	Colin Woods	2:24:04
YY (85-89)			
YZ (90+)			

21.1K Female Record Holders			
Age Cat	Date	Name	Time
B (0-19)	12/03/2006	Clare Geraghty	1:18:10
D (20-24)	18/03/2007	Clare Geraghty	1:16:29
F (25-29)	26/02/2012	Clare Geraghty	1:22:10
H (30-34)	2/03/2008	Carly Ekert	1:26:33
J (35-39)	13/03/2005	Tressa Lindenberg	1:27:53
L (40-44)	25/03/2018	Kerri Hodge	1:21:22
N (45-49)	25/03/2018	Noo Bowker	1:29:42
P (50-54)	13/04/2014	Marion Hermitage	1:36:15
R (55-59)	27/02/2011	Anne Ryan	1:38:43
T (60-64)	13/03/2005	Betty Menzies	1:45:01
V (65-69)	9/04/2017	Helen Banks	2:30:04
X (70-74)			
Z (75-79)			
ZX (80-84)			
ZY (85-89)			
ZZ (90+)			